

# Health and Wellness Program Activities Calendar March 2026

Activities subject to change.  
Contact Beneficiary Services for confirmation.  
1-844-336-3331 (free of charge)  
787-999-4411 TTY (audio-disabled)  
Monday to Friday from 7:00 a.m. at 7:00 p.m.

| Event  | Date     | Hour    | Place  | Description          |
|--|----------|---------|--|----------------------|
| Healthy Snacks                                   | 3/2/2026 | 8:20 AM | MH_Clinica Multidisciplinaria INSPIRA Caguas Consolidate Mall, Anexo B, 202 Av. Gautier Benítez #5 Caguas, 00725 | Educational Activity |
| Good Nutrition and Exercise Make You a Superhero | 3/2/2026 | 8:30 AM | MH_Cima Menonita Aibonito Calle Sargento Gerardo Santiago Num 15 Int Carr 14 Aibonito, 00705                     | Educational Activity |
| Hepatitis C                                      | 3/2/2026 | 8:30 AM | Hospital_Dr. Federico Trilla-Oftalmología Carretera 3 KM 8 hm 3 Ave 65 Infanteria Carolina, 00979                | Educational Activity |
| Gastroenteritis                                  | 3/2/2026 | 8:30 AM | MH_Clinica Multidisciplinaria INSPIRA Coamo Plaza Shopping Center Carr 150 Km 0 Hm 7 Bo Ildefonso Coamo, 00769   | Educational Activity |
| Healthy Weight - Not a Diet, It's a Lifestyle    | 3/2/2026 | 8:30 AM | MMM_Multiclínica Guayama Calle Santiago Palmer 1 Esquina Calle Vicente Palés Matos Guayama, 00784                | Educational Activity |

| Event  | Date     | Hour    | Place   | Description          |
|--|----------|---------|---|----------------------|
| With Good Nutrition You'll Feel So Much Better | 3/2/2026 | 9:00 AM | 4307_Centro de Medicina Primaria de Vega Alta Calle Luis Muñoz Rivera Vega Alta, 00692                      | Educational Activity |
| Medication Adherence                           | 3/2/2026 | 9:00 AM | MH_Clínica Multidisciplinaria Inspira Sala 2 Carolina Business Center 23 Carr 848 Esq 847 Carolina, 00979   | Educational Activity |
| Know what asthma is and take control           | 3/2/2026 | 9:00 AM | MH_Clinica Multidisciplinaria INSPIRA Carolina Carolina Business Center 23 Carr 848 Esq 847 Carolina, 00979 | Educational Activity |
| Hepatitis C                                    | 3/2/2026 | 9:30 AM | HOSP_Dr Federico Trillas Urologia Toa Baja 00949  | Educational Activity |
| Prevention of Respiratory Diseases in Infants  | 3/2/2026 | 9:30 AM | OBGYN_Dr Jose Martinez Campos 5 Hostos Juana Diaz, 00795  | Educational Activity |

| Event  | Date     | Hour     | Place  | Description          |
|--|----------|----------|--|----------------------|
| Move for your Health                           | 3/2/2026 | 9:45 AM  | MH_Cima Menonita Aibonito<br>Calle Sargento Gerardo Santiago<br>Num 15 Int Carr 14 Aibonito,<br>00705                  | Educational Activity |
| Healthy Weight - Not a Diet, It's a Lifestyle  | 3/2/2026 | 9:50 AM  | 7620_Neomed Center San<br>Lorenzo Calle Condado #11<br>Detrás del Centro Gubernamental<br>San Lorenzo, 00754           | Educational Activity |
| With Good Nutrition You'll Feel So Much Better | 3/2/2026 | 10:00 AM | 4307_Centro de Medicina<br>Primaria de Vega Alta Pediatría<br>Calle Luis Muñoz Rivera Vega<br>Alta, 00692              | Educational Activity |
| Birth Attendance Law                           | 3/2/2026 | 10:00 AM | Oficina_Dra Marisol Maldonado<br>Hospital Ryder Font Martelo 355<br>Humacao, 00791                                     | Educational Activity |
| Asthma   | 3/2/2026 | 10:30 AM | 7629_Family Medicine Group-<br>Centro Pediatrico Ave. Roberto<br>Clemente Blq. 124 8 Villa<br>Carolina Carolina, 00979 | Educational Activity |

| Event  | Date     | Hour     | Place  | Description          |
|--|----------|----------|--|----------------------|
| Know what asthma is and take control           | 3/2/2026 | 10:30 AM | 7629_Family Medicine Group<br>Ave. Roberto Clemente Blq. 124<br>8 Villa Carolina Carolina, 00979                   | Educational Activity |
| Healthy Weight - Not a Diet, It's a Lifestyle  | 3/2/2026 | 10:30 AM | MH_Clinica Multidisciplinaria<br>INSPIRA Guayama Calle<br>Marginal 706 Locales 221 222<br>223 Guayama, 00784       | Educational Activity |
| With Good Nutrition You'll Feel So Much Better | 3/2/2026 | 11:00 AM | URG_Centro Medicina Primaria<br>Luis Munoz Rivera #3 Vega Alta,<br>00692   | Educational Activity |
| Breastfeeding                                  | 3/2/2026 | 11:00 AM | OBGYN-Dr. Carlos Lazú 355 Ave<br>Font Martelo Ryder Memorial<br>Hospital Humacao, 00791                            | Educational Activity |
| Know what asthma is and take control           | 3/2/2026 | 12:00 PM | MH_Clínica Multidisciplinaria<br>Inspira Sala 2 Carolina Business<br>Center 23 Carr 848 Esq 847<br>Carolina, 00979 | Educational Activity |

| Event  | Date     | Hour    | Place   | Description          |
|--|----------|---------|---|----------------------|
| Healthy Weight - Not a Diet, It's a Lifestyle            | 3/3/2026 | 8:30 AM | MH_Clinica Multidisciplinaria<br>INSPIRA Guayama Calle<br>Marginal 706 Locales 221 222<br>223 Guayama, 00784            | Educational Activity |
| Hepatitis C  | 3/3/2026 | 8:30 AM | MH_Clinica Multidisciplinaria<br>INSPIRA Rio Grande Las Flores<br>Industrial Park Carr 3 Km 23 Hm9<br>Rio Grande, 00721 | Educational Activity |
| Toma Control de tu Depresion                             | 3/3/2026 | 8:30 AM | MH_Clinica Multidisciplinaria<br>INSPIRA Coamo Plaza Shopping<br>Center Carr 150 Km 0 Hm 7 Bo<br>Ildefonso Coamo, 00769 | Educational Activity |
| Birth Attendance Law                                     | 3/3/2026 | 8:30 AM | OBGYN_Dr Edward Hernandez<br>Guayama Hospital San Lucas<br>Ave Albizu Campos Urb La<br>Hacienda Guayama, 00784          | Educational Activity |
| Do not let your skin burn! Protect yourself from UV Rays | 3/3/2026 | 9:00 AM | 7623_Physician Hmo Inc Carolina<br>Shopping Court Suite 201<br>Carolina, 00979  | Educational Activity |

| Event                         | Date     | Hour    | Place   | Description          |
|-------------------------------|----------|---------|---|----------------------|
| Oral Health in Pregnant Women | 3/3/2026 | 9:00 AM | OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902   | Educational Activity |
| Women's Health                | 3/3/2026 | 9:00 AM | 7636_Instituto Medico Familiar Carolina Calle Ignacio Arzuaga 105 Esquina San Rafael Carolina, 00979      | Educational Activity |
| Keep Healthy in 7 Steps       | 3/3/2026 | 9:30 AM | 7623_Physician Hmo Inc Carolina Shopping Court Suite 201 Carolina, 00979                                  | Educational Activity |
| Healthy Snacks                | 3/3/2026 | 9:30 AM | 7636_Instituto Medico Familiar Carolina Calle Ignacio Arzuaga 105 Esquina San Rafael Carolina, 00979      | Educational Activity |
| Urgency vs. Emergency         | 3/3/2026 | 9:45 AM | 7625_Costa Este Medical Services Pediatria Centro Comercial Plaza Rial Calle 1 Canovanas Canovanas, 00729 | Educational Activity |

| Event   | Date     | Hour     | Place  | Description          |
|---|----------|----------|--|----------------------|
| Healthy Weight - Not a Diet, It's a Lifestyle     | 3/3/2026 | 10:00 AM | MMM_Multiclínica Guayama<br>Calle Santiago Palmer 1 Esquina<br>Calle Vicente Palés Matos<br>Guayama, 00784   | Educational Activity |
| Toma Control de tu Depresion                      | 3/3/2026 | 10:15 AM | GOV_Departamento de la Familia<br>Coamo PR 150 Coamo, 00769  | Educational Activity |
| Healthy Snacks                                    | 3/3/2026 | 10:30 AM | HOSP_Dr Federico Trillas<br>Dermatologia Carr 3 Km 8 Hm 3<br>Ave 65 Infanteria Carolina,<br>00979            | Educational Activity |
| What is Diabetes?                                 | 3/4/2026 | 8:30 AM  | MH_Cima Menonita Aibonito<br>Calle Sargento Gerardo Santiago<br>Num 15 Int Carr 14 Aibonito,<br>00705        | Educational Activity |
| Its-Knowledge and Prevention the Best Combination | 3/4/2026 | 8:45 AM  | MH_Clinica Multidisciplinaria<br>INSPIRA Guayama Calle<br>Marginal 706 Locales 221 222<br>223 Guayama, 00784 | Educational Activity |

| Event  | Date     | Hour     | Place  | Description          |
|--|----------|----------|--|----------------------|
| Do not let your skin burn! Protect yourself from UV Rays | 3/4/2026 | 9:00 AM  | MH_Clinica Multidisciplinaria<br>INSPIRA Carolina Carolina<br>Business Center 23 Carr 848 Esq<br>847 Carolina, 00979   | Educational Activity |
| New Nutritional Label                                    | 3/4/2026 | 9:00 AM  | 4318_Metro Salud Grupo<br>Profesional Centro Servicios<br>Médicos Levittown Pediatría Calle<br>Lizzie Graham HS 16 Esq<br>Avenida Sabana Seca Toa Baja,<br>00949           | Educational Activity |
| Keep Healthy in 7 Steps                                  | 3/4/2026 | 9:30 AM  | MH_Clinica Multidisciplinaria<br>Inspira Sala 2 Carolina Business<br>Center 23 Carr 848 Esq 847<br>Carolina, 00979   | Educational Activity |
| Preeclampsia   | 3/4/2026 | 9:30 AM  | OBGYN_Clinicas MIC Recinto<br>Ciencias Medicas San Juan,<br>00902  | Educational Activity |
| New Nutritional Label                                    | 3/4/2026 | 10:00 AM | 4318_Metro Salud Grupo<br>Profesional Centro Servicios<br>Médicos Levittown Area 3<br>Generalistas Calle Lizzie Graham<br>HS 16 Esq Avenida Sabana Seca<br>Toa Baja, 00949 | Educational Activity |

| Event   | Date     | Hour     | Place  | Description          |
|---|----------|----------|--|----------------------|
| Toma Control de tu Depresion                  | 3/4/2026 | 10:30 AM | MMM_Multiclínica Guayama<br>Calle Santiago Palmer 1 Esquina<br>Calle Vicente Palés Matos<br>Guayama, 00784   | Educational Activity |
| What is Diabetes?                             | 3/4/2026 | 10:30 AM | MMM_Multiclínica Aibonito<br>PRIDCO Industrial Park 53 Calle<br>Felix Ríos #71 Aibonito, 00705   | Educational Activity |
| New Nutritional Label                         | 3/4/2026 | 11:00 AM | 4318_Metro Salud Grupo<br>Profesional Centro Servicios<br>Médicos Levittown Area 1<br>Gerentologia Calle Lizzie Graham<br>HS 16 Esq Avenida Sabana Seca<br>Toa Baja, 00949 | Educational Activity |
| Healthy Weight - Not a Diet, It's a Lifestyle | 3/5/2026 | 8:30 AM  | MH_Clinica Multidisciplinaria<br>INSPIRA Coamo Plaza Shopping<br>Center Carr 150 Km 0 Hm 7 Bo<br>Ildefonso Coamo, 00769  | Educational Activity |
| Nutritional Labeling Workshop                 | 3/5/2026 | 8:30 AM  | 8801_Alianza de Medicos del<br>Sureste DVA AMSE Dr Luis<br>Melendez Gomez Calle Sol 7<br>Arroyo, 00714   | Educational Activity |

| Event   | Date     | Hour    | Place  | Description          |
|---|----------|---------|--|----------------------|
| Hepatitis C                                       | 3/5/2026 | 8:30 AM | 7611_Medicos Aliados del Noreste-Dr Jose Peña Figueroa Centro Clinico del Yunque Calle 4 K 2 Villas del Rio Grande Rio Grande, 00721 | Educational Activity |
| Its-Knowledge and Prevention the Best Combination | 3/5/2026 | 8:30 AM | MH_Cima Menonita Aibonito Calle Sargento Gerardo Santiago Num 15 Int Carr 14 Aibonito, 00705   | Educational Activity |
| What is Alzheimer's                               | 3/5/2026 | 8:30 AM | 3406_Policlinicas Medicas Asociadas El Monte Town Center El Monte Town Center Carr 14 Suite 115 Ponce, 00716                         | Educational Activity |
| Medication Adherence                              | 3/5/2026 | 9:00 AM | MH_Clinica Multidisciplinaria INSPIRA Carolina Carolina Business Center 23 Carr 848 Esq 847 Carolina, 00979                          | Educational Activity |
| Flu   | 3/5/2026 | 9:00 AM | MH_Clinica Multidisciplinaria Inspira Sala 2 Carolina Business Center 23 Carr 848 Esq 847 Carolina, 00979                            | Educational Activity |

| Event   | Date     | Hour     | Place  | Description          |
|---|----------|----------|--|----------------------|
| Gestational Diabetes                          | 3/5/2026 | 9:30 AM  | OBGYN_Mogic Hatillo Edif Atlantic View Carr 2 Marginal Bo Carrizales 462 Suite 1 Hatillo, 00659              | Educational Activity |
| Birth Attendance Law                          | 3/5/2026 | 9:30 AM  | OBGYN_Advance OBGYN PSC Cayey Torre Medica Menonita Suite 310 Cayey, 00736                                   | Educational Activity |
| Medication Adherence                          | 3/5/2026 | 10:30 AM | 7629_Family Medicine Group Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979                   | Educational Activity |
| Healthy Weight - Not a Diet, It's a Lifestyle | 3/5/2026 | 10:30 AM | GOV_Departamento de la Familia Coamo PR 150 Coamo, 00769   | Educational Activity |
| Flu   | 3/5/2026 | 10:30 AM | 7629_Family Medicine Group-Centro Pediatrico Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979 | Educational Activity |

| Event                        | Date     | Hour     | Place   | Description          |
|------------------------------|----------|----------|---|----------------------|
| Toma Control de tu Depresion | 3/5/2026 | 10:30 AM | MMM_Multiclínica Aibonito<br>PRIDCO Industrial Park 53 Calle<br>Felix Ríos #71 Aibonito, 00705                                    | Educational Activity |
| What is Alzheimer's          | 3/5/2026 | 10:30 AM | 3406_Policlinicas Medicas<br>Asociadas Las Americas<br>Boulevard Luis A Ferre Suite 101<br>Plazoleta Las Americas Ponce,<br>00716 | Educational Activity |
| Gastroenteritis              | 3/5/2026 | 10:45 AM | MMM_Multiclínica Guayama<br>Calle Santiago Palmer 1 Esquina<br>Calle Vicente Palés Matos<br>Guayama, 00784                        | Educational Activity |
| Flu                          | 3/5/2026 | 12:00 PM | MH_Clinica Multidisciplinaria<br>INSPIRA Carolina Carolina<br>Business Center 23 Carr 848 Esq<br>847 Carolina, 00979              | Educational Activity |
| Get Active and Move          | 3/6/2026 | 8:00 AM  | 7625_Costa Este Medical<br>Services Carolina Avenida<br>Sánchez Osorio GL 25 Avenida<br>Campo Rico Carolina, 00979                | Educational Activity |

| Event                 | Date     | Hour     | Place  | Description          |
|-----------------------|----------|----------|--|----------------------|
| Hepatitis C           | 3/6/2026 | 8:30 AM  | 7636_ Instituto Medico Familiar Carolina Calle Ignacio Arzuaga 105 Esquina San Rafael Carolina, 00979        | Educational Activity |
| Get Active and Move   | 3/6/2026 | 9:30 AM  | Hospital_Dr. Federico Trilla-Oftalmología Carretera 3 KM 8 hm 3 Ave 65 Infanteria Carolina, 00979            | Educational Activity |
| Get Active and Move   | 3/6/2026 | 10:05 AM | HOSP_Dr Federico Trillas Dermatologia Carr 3 Km 8 Hm 3 Ave 65 Infanteria Carolina, 00979                     | Educational Activity |
| Urgency vs. Emergency | 3/6/2026 | 10:30 AM | 7629_ Family Medicine Group Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979                  | Educational Activity |
| Hyperthension         | 3/9/2026 | 8:30 AM  | 3406_Policlinicas Medicas Asociadas El Monte Town Center El Monte Town Center Carr 14 Suite 115 Ponce, 00716 | Educational Activity |

| Event  | Date     | Hour    | Place   | Description          |
|--|----------|---------|---|----------------------|
| Toma Control de tu Depresion                   | 3/9/2026 | 8:30 AM | Hospital_Dr. Federico Trilla-Oftalmología Carretera 3 KM 8 hm 3 Ave 65 Infanteria Carolina, 00979         | Educational Activity |
| Medication Adherence                           | 3/9/2026 | 8:30 AM | 3406_Policlinicas Medicas Asociadas Yauco Calle Comercio 61 Yauco, 00698                                  | Educational Activity |
| Healthy Weight - Not a Diet, It's a Lifestyle  | 3/9/2026 | 8:45 AM | MH_Cima Menonita Aibonito Calle Sargento Gerardo Santiago Num 15 Int Carr 14 Aibonito, 00705              | Educational Activity |
| With Good Nutrition You'll Feel So Much Better | 3/9/2026 | 9:00 AM | 4309_Anchor Health Management Corp-Dr Eduardo Gonzalez Marginal Santa Cruz C 17 Bayamon, 00956            | Educational Activity |
| Medication Adherence                           | 3/9/2026 | 9:00 AM | MH_Clínica Multidisciplinaria Inspira Sala 2 Carolina Business Center 23 Carr 848 Esq 847 Carolina, 00979 | Educational Activity |

| Event  | Date     | Hour    | Place   | Description          |
|--|----------|---------|---|----------------------|
| Toma Control de tu Depresion                   | 3/9/2026 | 8:30 AM | Hospital_Dr. Federico Trilla-Oftalmología Carretera 3 KM 8 hm 3 Ave 65 Infanteria Carolina, 00979         | Educational Activity |
| Medication Adherence                           | 3/9/2026 | 8:30 AM | 3406_Policlinicas Medicas Asociadas Yauco Calle Comercio 61 Yauco, 00698                                  | Educational Activity |
| Healthy Weight - Not a Diet, It's a Lifestyle  | 3/9/2026 | 8:45 AM | MH_Cima Menonita Aibonito Calle Sargento Gerardo Santiago Num 15 Int Carr 14 Aibonito, 00705              | Educational Activity |
| With Good Nutrition You'll Feel So Much Better | 3/9/2026 | 9:00 AM | 4309_Anchor Health Management Corp-Dr Eduardo Gonzalez Marginal Santa Cruz C 17 Bayamon, 00956            | Educational Activity |
| Medication Adherence                           | 3/9/2026 | 9:00 AM | MH_Clínica Multidisciplinaria Inspira Sala 2 Carolina Business Center 23 Carr 848 Esq 847 Carolina, 00979 | Educational Activity |

| Event  | Date     | Hour     | Place  | Description          |
|--|----------|----------|--|----------------------|
| Get Active and Move                            | 3/9/2026 | 9:45 AM  | MH_Cima Menonita Aibonito<br>Calle Sargento Gerardo Santiago<br>Num 15 Int Carr 14 Aibonito,<br>00705                  | Educational Activity |
| With Good Nutrition You'll Feel So Much Better | 3/9/2026 | 10:00 AM | 4309_Anchor Health<br>Management Corp-Dr Eduardo<br>Gonzalez Marginal Santa Cruz C<br>17 Bayamon, 00956                | Educational Activity |
| Medication Adherence                           | 3/9/2026 | 10:00 AM | MH_Clinica Multidisciplinaria<br>INSPIRA Yauco Calle Comercio<br>55 Yauco, 00698                                       | Educational Activity |
| Oral Health in Pregnant Women                  | 3/9/2026 | 10:00 AM | Oficina_Dra Marisol Maldonado<br>Hospital Ryder Font Martelo 355<br>Humacao, 00791                                     | Educational Activity |
| Asthma   | 3/9/2026 | 10:30 AM | 7629_Family Medicine Group-<br>Centro Pediatrico Ave. Roberto<br>Clemente Blq. 124 8 Villa<br>Carolina Carolina, 00979 | Educational Activity |

| Event  | Date     | Hour     | Place   | Description          |
|--|----------|----------|---|----------------------|
| Hyperthension                                  | 3/9/2026 | 10:30 AM | 3406_Policlinicas Medicas Asociadas Las Americas Boulevard Luis A Ferre Suite 101 Plazoleta Las Americas Ponce, 00716 | Educational Activity |
| Respiratory Conditions Workshop                | 3/9/2026 | 10:30 AM | 7629_Family Medicine Group Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979                            | Educational Activity |
| Toma Control de tu Depresion                   | 3/9/2026 | 10:30 AM | HOSP_Dr Federico Trillas Dermatologia Carr 3 Km 8 Hm 3 Ave 65 Infanteria Carolina, 00979                              | Educational Activity |
| With Good Nutrition You'll Feel So Much Better | 3/9/2026 | 11:00 AM | 4309_Anchor Health Management Corp-Dr Eduardo Gonzalez Pediatría Marginal Santa Cruz C 17 Bayamon, 00956              | Educational Activity |
| Respiratory Conditions Workshop                | 3/9/2026 | 12:00 PM | MH_Clínica Multidisciplinaria Inspira Sala 2 Carolina Business Center 23 Carr 848 Esq 847 Carolina, 00979             | Educational Activity |

| Event  | Date      | Hour    | Place  | Description          |
|--|-----------|---------|--|----------------------|
| Gastroenteritis                                | 3/10/2026 | 8:30 AM | 3406_Policlinicas Medicas Asociadas El Monte Town Center El Monte Town Center Carr 14 Suite 115 Ponce, 00716 | Educational Activity |
| Get Active and Move                            | 3/10/2026 | 8:45 AM | 8809_Southern Health Care Group Inc Guayama Calle 3 80 Sur Southern Medical Plaza Guayama, 00784             | Educational Activity |
| Hepatitis C                                    | 3/10/2026 | 9:00 AM | 7623_Physician Hmo Inc Carolina Shopping Court Suite 201 Carolina, 00979                                     | Educational Activity |
| With Good Nutrition You'll Feel So Much Better | 3/10/2026 | 9:00 AM | 7636_Instituto Medico Familiar Carolina Calle Ignacio Arzuaga 105 Esquina San Rafael Carolina, 00979         | Educational Activity |
| Flu  | 3/10/2026 | 9:30 AM | 7623_Physician Hmo Inc Carolina Shopping Court Suite 201 Carolina, 00979                                     | Educational Activity |

| Event  | Date      | Hour     | Place   | Description          |
|--|-----------|----------|---|----------------------|
| Gestational Diabetes                           | 3/10/2026 | 9:30 AM  | 0008_Aco Del Norte LLC-Dr Jorge Otero Quintana Edif Dr Pedro Blanco Lugo Suite 305 Manati, 00674                      | Educational Activity |
| With Good Nutrition You'll Feel So Much Better | 3/10/2026 | 9:30 AM  | 7636_Instituto Medico Familiar Carolina Calle Ignacio Arzuaga 105 Esquina San Rafael Carolina, 00979                  | Educational Activity |
| Birth Attendance Law                           | 3/10/2026 | 9:45 AM  | OBGYN_Advance OBGYN PSC Cidra Calle Francisco Cruz Ahddock 5 Urb Fernandez Cidra, 00739                               | Educational Activity |
| Gastroenteritis                                | 3/10/2026 | 10:00 AM | 3406_Policlinicas Medicas Asociadas Las Americas Boulevard Luis A Ferre Suite 101 Plazoleta Las Americas Ponce, 00716 | Educational Activity |
| Healthy Weight - Not a Diet, It's a Lifestyle  | 3/10/2026 | 10:00 AM | MMM_Multiclínica Guayama Calle Santiago Palmer 1 Esquina Calle Vicente Palés Matos Guayama, 00784                     | Educational Activity |

| Event  | Date      | Hour     | Place   | Description          |
|--|-----------|----------|---|----------------------|
| Toma Control de tu Depresion                   | 3/10/2026 | 10:30 AM | GOV_Departamento de la Familia Coamo PR 150 Coamo, 00769  | Educational Activity |
| With Good Nutrition You'll Feel So Much Better | 3/10/2026 | 11:00 AM | 7601_Grupo Medico San Gerardo DVA LBA Medical Services Inc Trujillo Alto Ave Muñoz Rivera 28 Trujillo Alto, 00976 | Educational Activity |
| With Good Nutrition You'll Feel So Much Better | 3/11/2026 | 8:20 AM  | 7620_Neomed Center Inc Gurabo Carr 941 Salida Bo Jaguas Calle San Antonio Final Gurabo, 00778                     | Educational Activity |
| Woman Alert                                    | 3/11/2026 | 8:30 AM  | MH_Clinica Multidisciplinaria INSPIRA Coamo Plaza Shopping Center Carr 150 Km 0 Hm 7 Bo Ildefonso Coamo, 00769    | Educational Activity |
| Hepatitis C                                    | 3/11/2026 | 9:00 AM  | MH_Clinica Multidisciplinaria INSPIRA Carolina Carolina Business Center 23 Carr 848 Esq 847 Carolina, 00979       | Educational Activity |

| Event                                | Date      | Hour     | Place   | Description          |
|--------------------------------------|-----------|----------|---|----------------------|
| New Nutritional Label                | 3/11/2026 | 9:00 AM  | 4344_Access Medical Group Toa Alta Centro Comercial Toa Ata Heights Carr 2 Toa Alta, 00953                | Educational Activity |
| Flu                                  | 3/11/2026 | 9:30 AM  | MH_Clínica Multidisciplinaria Inspira Sala 2 Carolina Business Center 23 Carr 848 Esq 847 Carolina, 00979 | Educational Activity |
| Diabetes Workshop                    | 3/11/2026 | 9:30 AM  | 7620_Neomed Center Inc Gurabo Carr 941 Salida Bo Jaguas Calle San Antonio Final Gurabo, 00778             | Educational Activity |
| Gestational Diabetes                 | 3/11/2026 | 10:00 AM | OBGYN_Mogic Manati MMC Professional Building Plaza Suite 206 207 Manati, 00674                            | Educational Activity |
| Importance of Preventive Dental Exam | 3/11/2026 | 10:15 AM | GOV_Departamento de la Familia Coamo PR 150 Coamo, 00769  | Educational Activity |

| Event   | Date      | Hour     | Place   | Description          |
|---|-----------|----------|---|----------------------|
| Prevention of Respiratory Diseases in Infants     | 3/11/2026 | 10:30 AM | OBGYN_Dr Sara Montalvo<br>Medina Carr 14 Plaza Las<br>Monjitas Ponce, 00716   | Educational Activity |
| Hyperthension                                     | 3/12/2026 | 8:30 AM  | MMM_Multiclínica Guayama<br>Calle Santiago Palmer 1 Esquina<br>Calle Vicente Palés Matos<br>Guayama, 00784              | Educational Activity |
| Healthy Weight - Not a Diet, It's a Lifestyle     | 3/12/2026 | 8:30 AM  | MH_Clinica Multidisciplinaria<br>INSPIRA Coamo Plaza Shopping<br>Center Carr 150 Km 0 Hm 7 Bo<br>Ildefonso Coamo, 00769 | Educational Activity |
| Its-Knowledge and Prevention the Best Combination | 3/12/2026 | 8:30 AM  | 3406_Policlinicas Medicas<br>Asociadas El Monte Town Center<br>El Monte Town Center Carr 14<br>Suite 115 Ponce, 00716   | Educational Activity |
| Medication Adherence                              | 3/12/2026 | 9:00 AM  | MH_Clinica Multidisciplinaria<br>INSPIRA Carolina Carolina<br>Business Center 23 Carr 848 Esq<br>847 Carolina, 00979    | Educational Activity |

| Event                                | Date      | Hour     | Place   | Description          |
|--------------------------------------|-----------|----------|---|----------------------|
| Know what asthma is and take control | 3/12/2026 | 9:00 AM  | MH_Clínica Multidisciplinaria Inspira Sala 2 Carolina Business Center 23 Carr 848 Esq 847 Carolina, 00979                     | Educational Activity |
| Oral Health in Pregnant Women        | 3/12/2026 | 9:00 AM  | 7644_Concilio de Salud Integral de Loiza- Ginecología Carr 188 Int 187 Loiza, 00772   | Educational Activity |
| Nutrition in Pregnancy               | 3/12/2026 | 9:00 AM  | 8831_Salud Integral en la Montaña Inc Orocovis Ginecologia Ave Luis Muñoz Marin Sector El Desvio Carr 155 (b) Orocovis, 00720 | Educational Activity |
| Opioids                              | 3/12/2026 | 10:00 AM | GOV_Departamento de la Familia Coamo PR 150 Coamo, 00769  | Educational Activity |
| Medication Adherence                 | 3/12/2026 | 10:30 AM | 7629_Family Medicine Group Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979                                    | Educational Activity |

| Event                                | Date      | Hour     | Place   | Description          |
|--------------------------------------|-----------|----------|---|----------------------|
| Hyperthension                        | 3/12/2026 | 10:30 AM | MH_Clinica Multidisciplinaria<br>INSPIRA Guayama Calle<br>Marginal 706 Locales 221 222<br>223 Guayama, 00784                      | Educational Activity |
| Know what asthma is and take control | 3/12/2026 | 10:30 AM | 7629_Family Medicine Group-<br>Centro Pediatrico Ave. Roberto<br>Clemente Blq. 124 8 Villa<br>Carolina Carolina, 00979            | Educational Activity |
| Toma Control de tu Depresion         | 3/12/2026 | 10:30 AM | 3406_Policlinicas Medicas<br>Asociadas Las Americas<br>Boulevard Luis A Ferre Suite 101<br>Plazoleta Las Americas Ponce,<br>00716 | Educational Activity |
| Know what asthma is and take control | 3/12/2026 | 12:00 PM | MH_Clinica Multidisciplinaria<br>INSPIRA Carolina Carolina<br>Business Center 23 Carr 848 Esq<br>847 Carolina, 00979              | Educational Activity |
| New Nutritional Label                | 3/13/2026 | 9:00 AM  | HOSP_Dr Federico Trillas<br>Dermatologia Carr 3 Km 8 Hm 3<br>Ave 65 Infanteria Carolina,<br>00979                                 | Educational Activity |

| Event   | Date      | Hour    | Place   | Description          |
|---|-----------|---------|---|----------------------|
| New Nutritional Label                             | 3/13/2026 | 9:35 AM | Hospital_Dr. Federico Trilla-Oftalmología Carretera 3 KM 8 hm 3 Ave 65 Infanteria Carolina, 00979         | Educational Activity |
| Healthy Weight - Not a Diet, It's a Lifestyle     | 3/16/2026 | 8:00 AM | 7625_Costa Este Medical Services Carolina Avenida Sánchez Osorio GL 25 Avenida Campo Rico Carolina, 00979 | Educational Activity |
| Healthy Weight - Not a Diet, It's a Lifestyle     | 3/16/2026 | 8:30 AM | 8803_Corporacion Medica Juana Diaz Inc Calle Comercio 16 Juana Diaz, 00795                                | Educational Activity |
| Gastroenteritis                                   | 3/16/2026 | 8:30 AM | MH_Cima Menonita Aibonito Calle Sargento Gerardo Santiago Num 15 Int Carr 14 Aibonito, 00705              | Educational Activity |
| Its-Knowledge and Prevention the Best Combination | 3/16/2026 | 8:30 AM | GOV_Departamento de la Familia Coamo PR 150 Coamo, 00769  | Educational Activity |

| Event   | Date      | Hour     | Place   | Description          |
|---|-----------|----------|---|----------------------|
| Nutrition in Pregnancy                        | 3/16/2026 | 9:00 AM  | OBGYN_Judibelle Rivera 33<br>Calle Baldorioty Coamo, 00769  | Educational Activity |
| Preeclampsia                                  | 3/16/2026 | 9:30 AM  | OBGYN_Clinicas MIC Recinto<br>Ciencias Medicas San Juan,<br>00902   | Educational Activity |
| Healthy Weight - Not a Diet, It's a Lifestyle | 3/16/2026 | 9:30 AM  | Hospital_Dr. Federico Trilla-<br>Oftalmología Carretera 3 KM 8<br>hm 3 Ave 65 Infanteria Carolina,<br>00979 | Educational Activity |
| Food and Water Safety                         | 3/16/2026 | 9:45 AM  | MH_Cima Menonita Aibonito<br>Calle Sargento Gerardo Santiago<br>Num 15 Int Carr 14 Aibonito,<br>00705       | Educational Activity |
| Healthy Weight - Not a Diet, It's a Lifestyle | 3/16/2026 | 10:05 AM | HOSP_Dr Federico Trillas<br>Dermatologia Carr 3 Km 8 Hm 3<br>Ave 65 Infanteria Carolina,<br>00979           | Educational Activity |

| Event   | Date      | Hour     | Place   | Description          |
|---|-----------|----------|---|----------------------|
| Healthy Weight - Not a Diet, It's a Lifestyle | 3/16/2026 | 10:30 AM | 8827_De Medicos Primarios Corp<br>Calle Betances 14 Santa Isabel,<br>00757  | Educational Activity |
| Toma Control de tu Depression                 | 3/16/2026 | 10:30 AM | MH_Clinica Multidisciplinaria<br>INSPIRA Coamo Plaza Shopping<br>Center Carr 150 Km 0 Hm 7 Bo<br>Ildefonso Coamo, 00769 | Educational Activity |
| Healthy Weight - Not a Diet, It's a Lifestyle | 3/16/2026 | 10:35 AM | HOSP_Dr Federico Trillas<br>Urologia Carretera 3 Km 8 Hm 3<br>Ave 65 Infanterria Carolina,<br>00979                     | Educational Activity |
| Importance of Preventive Dental Exam          | 3/17/2026 | 9:00 AM  | 7623_Physician Hmo Inc Carolina<br>Shopping Court Suite 201<br>Carolina, 00979  | Educational Activity |
| New Nutritional Label                         | 3/17/2026 | 9:00 AM  | 7636_Instituto Medico Familiar<br>Carolina Calle Ignacio Arzuaga<br>105 Esquina San Rafael<br>Carolina, 00979           | Educational Activity |

| Event                         | Date      | Hour     | Place  | Description          |
|-------------------------------|-----------|----------|--|----------------------|
| New Nutritional Label         | 3/17/2026 | 9:30 AM  | 7623_Physician Hmo Inc Carolina Shopping Court Suite 201 Carolina, 00979                             | Educational Activity |
| New Nutritional Label         | 3/17/2026 | 9:30 AM  | 7636_Instituto Medico Familiar Carolina Calle Ignacio Arzuaga 105 Esquina San Rafael Carolina, 00979 | Educational Activity |
| Depression during Pregnancy   | 3/17/2026 | 10:00 AM | Oficina_Dra Marisol Maldonado Hospital Ryder Font Martelo 355 Humacao, 00791                         | Educational Activity |
| Toma Control de tu Depresion  | 3/18/2026 | 8:30 AM  | MH_Cima Menonita Aibonito Calle Sargento Gerardo Santiago Num 15 Int Carr 14 Aibonito, 00705         | Educational Activity |
| Oral Health in Pregnant Women | 3/18/2026 | 9:00 AM  | OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902  | Educational Activity |

| Event   | Date      | Hour     | Place   | Description          |
|---|-----------|----------|---|----------------------|
| New Nutritional Label                             | 3/18/2026 | 9:00 AM  | 7620_Neomed Center Inc Urb Lago Alto Calle Carite 130 Trujillo Alto, 00976  | Educational Activity |
| Gestational Diabetes                              | 3/18/2026 | 9:30 AM  | OBGYN_Dr Edward Gomez Torres Guayama Edif Dr Moro Calle Enrique Gonzalez Esq Calle Calimano Martinez Guayama, 00784 | Educational Activity |
| Its-Knowledge and Prevention the Best Combination | 3/18/2026 | 10:30 AM | MMM_Multiclínica Aibonito PRIDCO Industrial Park 53 Calle Felix Ríos #71 Aibonito, 00705                            | Educational Activity |
| Know what asthma is and take control              | 3/19/2026 | 8:30 AM  | MH_Cima Menonita Aibonito Calle Sargento Gerardo Santiago Num 15 Int Carr 14 Aibonito, 00705                        | Educational Activity |
| With Good Nutrition You'll Feel So Much Better    | 3/19/2026 | 8:45 AM  | MH_Clinica Multidisciplinaria INSPIRA Coamo Plaza Shopping Center Carr 150 Km 0 Hm 7 Bo Ildfonso Coamo, 00769       | Educational Activity |

| Event  | Date      | Hour     | Place   | Description          |
|--|-----------|----------|---|----------------------|
| Keep Healthy in 7 Steps                        | 3/19/2026 | 10:15 AM | GOV_Departamento de la Familia Coamo PR 150 Coamo, 00769  | Educational Activity |
| Know what asthma is and take control           | 3/19/2026 | 10:30 AM | MMM_Multiclínica Aibonito PRIDCO Industrial Park 53 Calle Felix Ríos #71 Aibonito, 00705                  | Educational Activity |
| With Good Nutrition You'll Feel So Much Better | 3/20/2026 | 8:00 AM  | 7625_Costa Este Medical Services Carolina Avenida Sánchez Osorio GL 25 Avenida Campo Rico Carolina, 00979 | Educational Activity |
| Healthy Weight - Not a Diet, It's a Lifestyle  | 3/20/2026 | 8:20 AM  | 7620_Neomed Center Inc Gurabo Clinic Carr 189 Parque Industrial Lote #4, Bo Rincon Gurabo, 00778          | Educational Activity |
| Gestational Diabetes                           | 3/20/2026 | 9:30 AM  | 0008_Aco Del Norte LCC-Dr Luis Mateo Paseo Atenas Manati, 00674   | Educational Activity |

| Event  | Date      | Hour     | Place  | Description          |
|--|-----------|----------|--|----------------------|
| With Good Nutrition You'll Feel So Much Better | 3/20/2026 | 9:30 AM  | Hospital_Dr. Federico Trilla-Oftalmología Carretera 3 KM 8 hm 3 Ave 65 Infanteria Carolina, 00979              | Educational Activity |
| Healthy Snacks                                 | 3/20/2026 | 10:00 AM | 7620_Neomed Center Inc Juncos Carr 31 Suite 9 Juncos, 00777  | Educational Activity |
| With Good Nutrition You'll Feel So Much Better | 3/20/2026 | 10:05 AM | HOSP_Dr Federico Trillas Dermatologia Carr 3 Km 8 Hm 3 Ave 65 Infanteria Carolina, 00979                       | Educational Activity |
| Know what asthma is and take control           | 3/23/2026 | 8:30 AM  | MH_Clinica Multidisciplinaria INSPIRA Coamo Plaza Shopping Center Carr 150 Km 0 Hm 7 Bo Ildefonso Coamo, 00769 | Educational Activity |
| Know what asthma is and take control           | 3/23/2026 | 10:30 AM | GOV_Departamento de la Familia Coamo PR 150 Coamo, 00769   | Educational Activity |

| Event                 | Date      | Hour    | Place  | Description          |
|-----------------------|-----------|---------|--|----------------------|
| Healthy Snacks        | 3/24/2026 | 9:00 AM | 7636_ Instituto Medico Familiar Carolina Calle Ignacio Arzuaga 105 Esquina San Rafael Carolina, 00979                                | Educational Activity |
| Preeclampsia          | 3/24/2026 | 9:30 AM | 7644_ Concilio de Salud Integral de Loiza- Ginecología Carr 188 Int 187 Loiza, 00772   | Educational Activity |
| Urgency vs. Emergency | 3/24/2026 | 9:30 AM | OBGYN_ Judibelle Rivera 33 Calle Baldorioty Coamo, 00769   | Educational Activity |
| Birth Attendance Law  | 3/24/2026 | 9:30 AM | 8810_ Centro de Servicios Primarios de Salud, Patillas- Área de Obstetricia y Ginecología 99 Calle Guillermo Riefkol Patillas, 00723 | Educational Activity |
| Healthy Snacks        | 3/24/2026 | 9:30 AM | 7636_ Instituto Medico Familiar Carolina Calle Ignacio Arzuaga 105 Esquina San Rafael Carolina, 00979                                | Educational Activity |

| Event                | Date      | Hour     | Place   | Description          |
|----------------------|-----------|----------|---|----------------------|
| Gestational Diabetes | 3/24/2026 | 10:00 AM | 1101_Centro Medicos Unidos del Oeste-Dra Mabel Bonilla Rodriguez Bo Guanabano Suite 307 Edif Center Plex Carr 2 Km 133 Hm 5 Aguada, 00602 | Educational Activity |
| Oral Health          | 3/24/2026 | 10:30 AM | OBGYN_Dr Jose Flores Caban San Juan Torre Medica Auxilio Mutuo Suite 710 735 Ave Ponce De Leon San Juan, 00902                            | Educational Activity |
| Healthy Snacks       | 3/24/2026 | 11:00 AM | 7601_Grupo Medico San Gerardo DVA LBA Medical Services Inc Trujillo Alto Ave Muñoz Rivera 28 Trujillo Alto, 00976                         | Educational Activity |
| Preeclampsia         | 3/25/2026 | 9:30 AM  | HOSP_Dr Federico Trillas Sala de Espera Carretera 3 Km 8 Hm 3 Ave 65 Infanterria Carolina, 00979  | Educational Activity |
| What is Diabetes?    | 3/30/2026 | 9:30 AM  | OBGYN_Dr Jose Martinez Campos 5 Hostos Juana Diaz, 00795  | Educational Activity |